

THE
FLOATING
SPA

BY SPA VILLAGE



THE FLOATING SPA



“THE RIVER THAMES IS NO ORDINARY WATERWAY, IT IS THE GOLDEN THREAD OF OUR NATION’S HISTORY”

~WINSTON CHURCHILL

From the Cotswolds to the North Sea, the celebrated River Thames has always been the ever-faithful provider of trade and industry, adventure and romance, beauty and inspiration through the years. Her liquid pathway introduced grain, wine, and wool, followed by tea, silks, spices, and herbs from all corners of the globe, bringing fame and fortune to all.

In the 17th century, London’s livery company, the Worshipful Society of Apothecaries, commissioned the famous Apothecaries’ Barge, was moored off the riverbank at Chelsea Physic Garden. People came to the barge in search of wellness, to trade from the jars of mysterious syrups, pungent powders, and contorted roots that lined the walls, all concocted from exotic plants and herbs.

Though that vessel has long been decommissioned, YTL Hotels has launched a new vessel to serve Monkey Island Estate on the Thames. The Floating Spa by Spa Village takes inspiration from this magnificent waterway and continues its tradition as a silent watermark on the story of modern health and wellness.

THE MONKS' ELIXIR

BOOZE, BOTANY, AND BEAUTY

60 MINUTES

In the 12th century a small band of Augustinian Monks settled along the river at Bray Lock establishing fishing ponds near the north end of Monkey Island. The island soon became known as "Monks Eyot" (Old English for island) lending one more theory to the mystery of how the island received its exotic name.

The monks practised a balanced daily life of work, worship, and study to achieve mental, spiritual, and physical wellbeing. Through their study of medicinal plants over the centuries, monks worldwide have been brewing and distilling "long-life elixirs", crafting potent complex formulations of up to 150 different herbs. The botanical wisdom of the monks lives on today in many of the apéritifs, tipples, and digestifs that grace our modern bars and cocktail, their precious recipes still made in secret by monks.

Step into the slippers of a tippie sommelier as we commence our signature experience with the Elixir Tasting. Colour, aroma, texture, and herbal notes will be observed as you are guided through a sensory ritual choosing one of our monk-brewed ancient herbal tonics for sampling: Chartreuse, D.O.M Benedictine or Frangelico.

Feeling the inner warmth of these aromatics, relax into a full body massage while the skin is anointed with a generous pouring of house-cured herbal oil infused with arnica, angelica, melisse and lightly scented with essential oils of frankincense. This revitalising massage employs long deep strokes with a focus on lymphatic rolling techniques and milking the muscles.

This is further enhanced by warm herbal packs placed on the joints to relieve stiffness and improve mobility.

A non-alcoholic elixir alternative is available.

All of the products in this treatment are house-made and the herbs are grown in our own Garden and greenhouse.





MOSS — of the — ISLES

MOSS OF THE ISLES

WELLNESS from the 'ground up'
OUR MISSION, OUR IDENTITY. Like our ancestors, we believe our bodies are intrinsically tied to the land and the tides.

We created MOSS of the ISLES to tap into nature's most potent and nourishing elements and create powerhouse formulas that transform, heal and rejuvenate skin.

Using unique ingredients like moss, peat, rosemary, horse chestnut, white poppy seed and marigold, that are all locally sourced, we believe in quality over quantity to deliver better results with less.

MOSS of the ISLES is 100% natural, handcrafted and organic when possible (and of course never tested on animals).

We only source the highest quality ingredients from the Isles of Ireland and Britain, combined with sustainable packaging of the highest quality.

We are proud to be one of the first to work with peat moss in skin products, and are constantly innovating and expanding our product offering.



THE FLOATING MASSAGE

BY MOSS OF THE ISLES

60 MINUTES

Your sojourn takes place upon a specially designed aqua-cushion treatment bed that perfectly cradles and supports your body creating the ideal environment for surprising depth of pressure. Delivered in fluid, graceful, and rhythmical movements your body is lulled into a state of deep relaxation whilst floating on a cloud of warm water. The nature of the cushion and position of the body allow the muscles and tendons to be manipulated from every angle, giving the therapist greater ability to employ intensity through one's own body weight. Powerful pain-relieving essential oils of arnica, ginger, and rosemary help facilitate the release response.

This experience is ideally suited for those with deep-seated muscular tension, energetic stubbornness, and difficulty in relaxing.



THE TRINITY

BY MOSS OF THE ISLES

60 MINUTES

Our skilled therapists work with you to ascertain which combination of potent oils and techniques to employ, pin-pointing your immediate needs. Choose from:

QUIET TIME

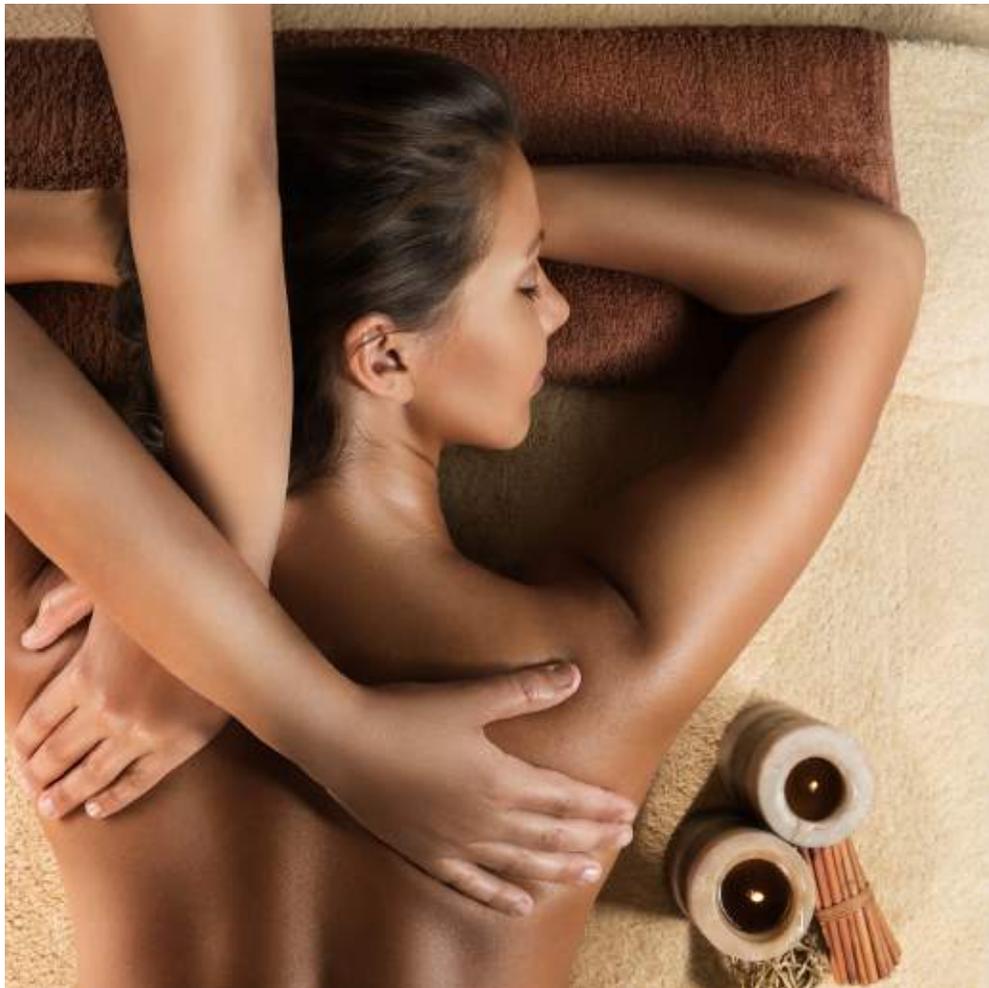
Breathe deeply. Relaxing oils of lavender, myrtle, and bergamot combine with nerve-soothing massage strokes and a gentle warm cocoon to guide you toward a moment of silence and solitude. *Excellent for those who are over-scheduled and over-stressed.*

WARM ELEMENT

Relax and release stretching techniques are applied throughout this full body massage, using a warming synergy blend of essential oils infused with pain relieving Arnica. *Perfect for those in need of targeted muscle release, feeling the effects of exercise fatigue, or preparing for an athletic event.*

DETOX AND TONE

We commence with a gentle body brushing and stimulating lymphatic movements to increase blood and lymphatic flow. A cleansing and purifying synergy blend including grapefruit, juniper berry, and lemon infused with Welsh Horse Chestnut conkers is used to massage the entire body including abdominal manipulation to aid in detoxification. *Ideal for water retention, those feeling sluggish, or experiencing physical congestion or heaviness.*



MALAY MASSAGE

BY SPA VILLAGE

60 MINUTES

As a Malaysian-born spa brand, we are honoured to share the gift of our Spa Village classic Malay Massage. Known as “Urut Melayu”, the art of Malay massage is passed down from generation to generation. This traditional method uses long kneading strokes applied to pressure points along the body to stimulate the circulation and “move” the blood.



ISUN

Wildcrafted, Organic, Natural
ALIVE & AGELESS SKINCARE

ISUN

The key distinction that empowers ISUN Alive & Ageless Skincare is our strong intention to heal and unite body, mind and spirit whilst simultaneously offering transformational radiance in skin.

Our award-winning high performance integrity products are handmade from all wildcrafted, organic and natural ingredients in green manufacturing practices. The pure energy of live, active botanical formulations uniquely produced with cold-processing and energy techniques, give profound age-defying rejuvenation in skin.

CELESTIAL LIGHT FACIAL

BY ISUN

60 MINUTES

A celestial glowing complexion awaits you as we brighten, calm and replenish thirsty skin with this rejuvenating ISUN facial. An aromatic celestial blend of essential oils is themed throughout your treatment which includes a deep cleansing, exfoliation, massage and moisturising pearl mask with CoQ10 and revesterol. A series of antioxidant finishing products embrace your skin to even skin tone and leave your skin looking vibrant and luminous. *Bespoke for ALL skin types.*

GENTLEMEN'S FACIAL

BY ISUN

60 MINUTES

This high-performance organic facial is designed especially for the needs of men. Skin is deeply cleansed with an alpine fresh hydrating cleanser then softened and refined with an active enzymatic exfoliation mask that includes wild Colorado honey and a mineralising scrub. Stress begins to dissolve with a scalp, neck, and shoulder massage whilst you relax with a facial balancing mask. Following a facial massage, a finishing application of concentrated serums that stimulate cell regeneration result in a more youthful, refreshed look and an inner feeling of calm.

THE DETAILS

OPENING TIMES

Monday-Sunday 10.00 – 18.00

SPA RESERVATIONS

Residents please dial 'SPA' on your hotel telephone or alternatively call +44 01628 623400 for treatment reservations. Reservations are subject to availability.

SPA ARRIVAL

We advise you to arrive at the boat at least 15 minutes before your scheduled appointment. Please be aware late arrivals may mean a reduced treatment time.

WHAT TO BRING

We will provide you with a robe, slippers, and basic grooming amenities, however if you are a hotel resident, you are more than welcome to arrive in your guest room robe. We are a "dry" treatment facility without steam, sauna, or hot pool.

HEALTH CONCERNS

Please let us know in advance of any health conditions or concerns you may have. This will enable us to recommend treatments and products most suitable for you. If you are taking medications or have recently had any surgical procedures we strongly recommend consulting your doctor before having any spa treatments.

MUMS-TO-BE

It is essential that mums-to-be advise us when booking their treatment. Please enquire which of our treatments can be modified to suit pregnancy after the first trimester. Treatments within the first trimester of pregnancy and after 31 weeks are not permitted.

CANCELLATION POLICY

As a courtesy to other guests and our therapists, please give us 5 days notice of cancellation. Non-attendance will incur a 100% charge. We will require credit card details to secure your booking if you are a non-resident of the hotel.

SPA ETIQUETTE

In line with our COVID secure guidelines, we require you to wear a face mask when entering the Floating Spa and wear a mask when you are face up when having a massage.

We are a non-smoking facility.

To ensure the tranquility of our guests, the use of mobile phones on the boat is not permitted. The minimum age to receive spa treatments is 16.

Spa gift vouchers are available.

All prices are subject to change and are inclusive of VAT.

THE FLOATING SPA
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